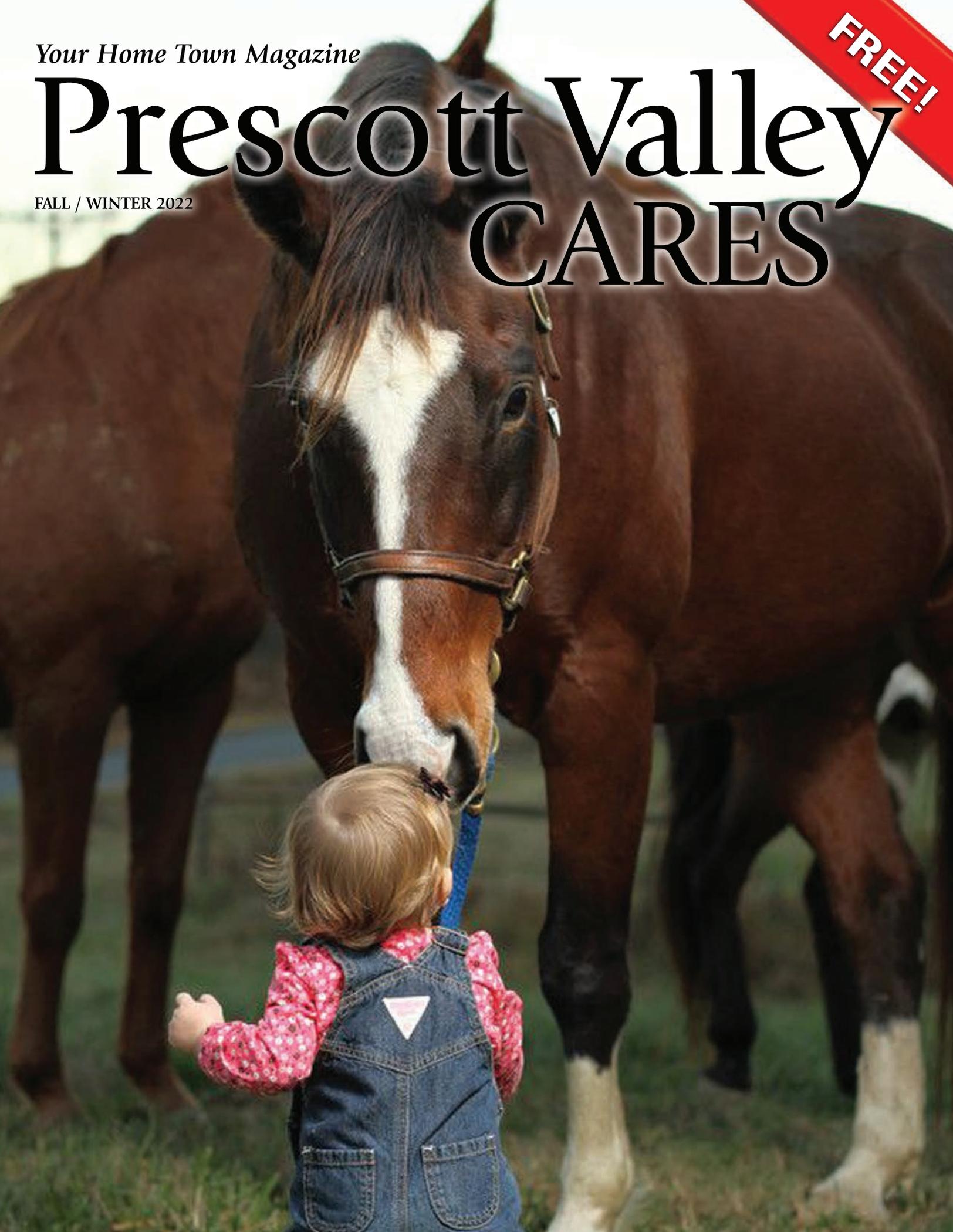


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THERE IS A DEADLY NEW TREND TARGETING OUR TEENS



Photo courtesy of Phoenix Police Dept.) Law enforcement officials say that illegal fentanyl is now in the form of colorful pills resembling candy. But the most common form is still the blue pill.

Deadly counterfeit fentanyl is being manufactured by drug dealers and it is flooding our communities. This illegal fentanyl comes in many different forms and colors. Counterfeit fentanyl is disguised as Oxycontin®, aspirin, Xanax®, Percocet®, and other prescription and over the counter pills. It has also been found added to heroin, meth, and cocaine to increase their potency.

Counterfeit pills laced with fentanyl are bought and sold on social media sites popular

with teens. According to the latest research more and more youth are getting drugs from social media apps, like Snapchat and Instagram. And the drugs are being delivered right to their front door.

As parents and caregivers, we often ask why a child might choose to use drugs. According to the 2020 Arizona Youth Survey, the 3rd and 4th reason youth in Yavapai County use drugs is to deal with stress and emotions they do not know how to cope with, like sadness and anxiety.

What can adults do to help the youth in their sphere of influence? Here are three simple things you can do:

1. Talk with your child about NEVER taking a pill that is not prescribed to them and not in its original packaging.
2. Monitor your child's texts and social media.

3. Get the FACTS on fentanyl at TalkNowAZ.com.

Working together we can help stop this drug epidemic from claiming the lives of those we love. Talk early, talk often about the dangers of any drug use. Even if you do not think your child is taking pills, talking with them could be the reason they never do.

Visit TalkNowAZ.com today to learn more.



The Struggle of Addiction and Mental Health is Real

If you or a loved one are struggling, please don't hesitate to call; we are here to help.

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YAVAPAI HUMANE SOCIETY IS CELEBRATING



People often ask us "isn't it hard to work at Yavapai Humane Society?" Our answer is "sometimes" but for the most part, I can tell you, it's the most rewarding job we've ever had! We all come to work every day with one mission and that is to care for and love these animals so we can find them their forever homes! We

all love these animals as if they were our own and it shows in the smiles on our faces when we see them find their new families! A lot of times, you'll even spot some happy tears on our faces as they walk out the doors with their new furever friend! Are there times it's hard on us? Yes! Seeing some of the animals who are with us for long periods of time because they are overlooked for whatever reason, breaks our hearts.

Yavapai Humane Society is celebrating our 50th Anniversary in 2022! We are all encompassing when it comes to our services! Here's some information on who we are and what we do!

Our main campus, located at 1625 Sundog Ranch Road, is home to our Adoptions Center and our Lost and

Found Department. We've been serving our community since 1972 and have an average of 3,000 animals come through our facility every year! Thousands of animals have found homes through Yavapai Humane Society. All animals go through behavior assessments and are worked on with any issues they may have, if needed. They are also spayed



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OUR 50TH ANNIVERSARY

By: Loree Walden ~ Marketing Manager ~ Yavapai Humane Society

or neutered, microchipped and fully vaccinated before adoption.

Our Lost & Found Department is where everything starts when an animal comes to us, whether it comes in as a stray, surrendered by owner or another reason. They work diligently to reunite lost animals with their owners and average 40-80 animals per month returned safely home! They can be reached at 928-445-2666.

Our Thrift Store is located at 1601 Iron Springs Road in Prescott and is the perfect place to find great deals and support us at the same time! All proceeds from sales directly benefit Yavapai Humane Society. Store hours are Tuesday through Saturday from 9am-4pm with donations accepted Tuesday

through Saturday from 9am-3pm! For more information give them a call at 928-445-5668. They also have a donation drop off location in Chino Valley at 36927 N. State Route 89, suites 1 & 5. Donations are accepted Monday through Thursday from 9am-4pm.

Yavapai Humane Society's Equine Center is located in Chino Valley at 3731 N Road 1 W. Our Equine Program is an adoption-focused program for horses in need of rehabilitation. Every horse receives health care and training prior to being made available for adoption. We are a member of the Equine Welfare Data Collective and in 2019 received the Grand Prize in ASPCA's Help A Horse Home Challenge winning \$35,000! For more information about our Equine Center, call 928-515-4947 and schedule an appointment.



To learn more about us and our services, including our Pet Guardianship program and leaving us in your will or estate, visit yavapaihumane.org, and be sure to follow us on Facebook.

Caring for animals isn't just what we do... It's who we are!

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FIREFIGHTER ANGEL



We are pleased to introduce you to the Firefighter Angel Foundation (FAF). This charitable organization began in 2008 as a program under the Chino Valley Firefighter's Foundation and obtained stand-alone 501(c)(3) non-profit status in 2015. The organization continues to expand its capabilities as funds allow each year.

the community had been diagnosed with terminal cancer. This gentleman was the sole provider for his wife and three children, ages ranging from infant to eight-years-old, and the friend hoped that the firefighters could assist the family, especially as it was so near to the Christmas holiday. The firefighters and Cody's family jumped at the chance to help. They learned about the family, including gifts the children needed, purchased the gifts, wrapped them at the firehouse, and delivered them to the family's residence just before Christmas day. Santa Claus was happy to deliver smiles to these children and their parents.

This has evolved into annual Christmas deliveries to families and children who have fallen on hard times or experienced a time of crisis, such as the loss of a parent, sibling, or significant caregiver in the child's life. Each year, a volunteer Santa and Mrs. Claus are accompanied by volunteer elves who arrive at the selected child's home on a fire truck to deliver wrapped gifts of toys, clothing,

and toiletries specifically geared towards the family. These deliveries consist of a caravan of public safety vehicles to include several fire trucks and law enforcement vehicles. FAF recognizes that a child is not an individual unit within a family, so gifts are provided to all school-aged siblings and the adult care provider(s) (parent, grandparent, etc.) within that household as well. Additionally, FAF collects and distributes food boxes containing items that will make a meal during Christmas a little more enjoyable. In 2022, FAF and all of their partners, including local fire departments and law enforcement agencies, were able to make home deliveries to over 100 children from 26 families throughout Yavapai County, Arizona.

Firefighter Angel Foundation is composed of firefighters and law enforcement officers, along with their family members and friends, whose purpose is to positively impact children in need and support families in crisis. Our annual volunteers, partners, and donors make it possible for us to continue to make a difference, deliver joy, and provide memorable experiences year after year!

The event originated when a friend of Cody and Tammy Rose came to the fire station to inform Cody that a well-known gentleman in



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FOUNDATION



FAF has expanded to include additional events and fundraisers throughout the year, including Stuff the Bus, Back to School Health and Wellness Fair, Pancake Breakfast @ the Firehouse, and the Gear Up Car Show.

The Back to School Health and Wellness Fair began in 2017 as a partnership between FAF and The Family Involvement Center. At that time, 30 backpacks were distributed to school-aged children the week before school started. This event has grown so much that it is now hosted in partnership with the local public schools and the Yavapai Food Bank and held at the Findlay Toyota Center in Prescott Valley and serves over 2,000 children and their families. This year, many essential services were provided to families, including dental personnel providing fluoride treatments to children and adults as needed, twelve barbers and beauticians providing over 200 haircuts to children. It is exciting to see this event grow each year, and to witness the appreciation and happiness on the children's faces when they walk out of the building.

The overall goal of the fair is for the children to feel confident and able to succeed when they walk into school on day one. One joyous

example from this year's fair was an eight-year-old girl and her family. Upon walking through the door and receiving her tickets she couldn't stop smiling. She was able to get her teeth cleaned, receive a pink backpack filled with school supplies, and to top it off, get a haircut. She made the bold decision to cut off approximately 15 inches of her hair with the intention to donate the excess hair to charity.

The FAF conducts two major fundraisers each year with all proceeds going directly back to FAF and ultimately to the children and families that are served by the organization. The first fundraiser of the year is the annual Pancake Breakfast. This event takes place on the Sunday following Easter at the Central Arizona Fire & Medical Authority (CAFMA) Station 61 on Road 3 North in Chino Valley, Central Arizona Regional Training Academy (CARTA) on Valley Road in Prescott Valley, and Prescott Fire Department Station 71 on White Spar Road. This event is held at these three locations on the same day and at the same time each year so that as many community members as possible may attend. The



Pancake Breakfast runs from 8:00 AM to 12:00 PM annually.

Our second fundraiser is our annual Gear Up Car Show on the grass. This is a family event where folks are encouraged to bring out the young ones so that they may enjoy the Kids' Zone, consisting of bounce houses, face painters, balloon twisters, and a firefighter obstacle course. This event takes place on the Saturday before Memorial Day weekend each year on the golf course, and runs from 1:00 PM through 5:00 PM. All of the cars entered into the show park on the grass.

Outside of these two fundraisers, FAF is funded by generous donations from community businesses and individuals along with grants. Without this support FAF would not be able to achieve success. Tax-deductible contributions may be made to FAF by visiting their website www.firefighterangel.org or mailing funds to **PO Box 25931, Prescott Valley, AZ 86312**.



Adoptions



1625 Sundog Ranch Rd.
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Thrift Store



1601 Iron Springs Rd.
Prescott
(928) 445-5668



Lost & Found



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Equine Center



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LIFE AFTER CRISIS - SAFETY AND HEALING



As a child, Anna* witnessed her father severely abuse her mother. After being abandoned, she was placed in foster care. "I grew up in lock down facilities and group homes. But I felt rescued. I never wanted my life to turn out like my parents. I became strongly independent and continued my education."

Even with her drive to be independent and live differently than her childhood experiences, Anna found herself in more than one abusive relationship as an adult. Her first husband was an emotionally abusive, and later she

experienced dangerous physical fights with her daughter's father where they "fought to the point where my blood covered the walls and floor."

"It didn't matter if we had to deal with repeated domestic violence court cases and court ordered placements in the domestic violence shelters, or if he nearly broke my back and dislocated my jaw. No matter what happened between us, I stayed."

Finally, when on a road trip with her children, she drew the line when her then-fiancé was driving under the influence of alcohol putting them all in danger. They got into a physical altercation at a rest stop and he left them there. "Sheriff's deputies rescued us that day and brought us to Stepping Stones."

Once she was living in safety, Anna worked hard to rediscover her independence and safety for her family. She discovered

through one-on-one advocacy, therapy, and educational support groups that she needed to take an honest self-inventory and reflect on her experiences. "I thought I could give these guys what they didn't have their entire lives. I knew how they felt since all I wanted was the same. I realized as well that I couldn't nourish these men to change for the better themselves, but instead, this [realization] strengthened me. I'm living proof that mayhem can mold and transform a courageous, strong, and intelligent spirit. I am so thankful and will forever be grateful."

Around-the-Clock Advocacy Services

Since 1980, Stepping Stones Agencies offers 24/7/365 advocacy services including safe shelter for families throughout West Yavapai County who are experiencing domestic violence and other forms of victimization. Stepping Stones is dedicated to ending

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FOR LOCAL FAMILIES *By Stepping Stones Agencies*

intimate violence in all forms and promoting individual self-sufficiency, personal growth, self-worth, and resiliency in the adults and children that the agency is committed to serve. Adults do not need to live in Stepping Stones' safe shelter to call the helpline and receive support from advocates. Services are free and available to anyone in West Yavapai County who needs them.

The adults who come to Stepping Stones are faced with a lot of hard work in order to find freedom from all forms of abuse. But advocates provide support through one-on-one advocacy, safety planning, danger assessments, educational support groups, safe shelter, and other resources including referrals. With this support, adults are able to begin taking steps forward to help them and their children stay safe in their futures.

Treasures at Stepping Stones Thrift Stores

Stepping Stones Thrift Store is full of treasures, clothing, furniture, and other useful items to create a happy home. Beyond the special treasures on the shelves, Stepping Stones Thrift Store gives adults a chance to say "NO MORE" to abuse. Children have a chance to play and grow without fear. And families are empowered to create positive futures. Stepping Stones Thrift provides families with so much more than a place to shop - it provides hope for a future free from all forms of victimization.

Each time you shop and donate at Stepping Stones Thrift, you are helping to provide a future for families who are regaining control of their lives. The associates work hard to receive, sort, price, and display donations for customers seeking out special treasures. Our thrift store also serves as a place where

adults receiving services can also grow with our paid job training program in order to help them learn new skills and find permanent employment in our community.

Donated goods and proceeds from the sales always stay local. Your choice to donate to Stepping Stones Thrift allows us to always be available when crisis occurs - whether it is the middle of the night or a weekend afternoon. Thank you for supporting local families finding freedom from all forms of victimization by shopping, donating, and giving back with Stepping Stones!

Learn more about our advocacy services and social enterprises by visiting: www.stepsstonesaz.org. If you or someone you know needs freedom from abuse, call our **24/7/365 Helpline: 928-445-4673**.

**name changed*

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SEPTEMBER

MUSIC ON THE GREEN KJAMMA

Date: September 3rd

Time: 7pm to 9pm

*Location: Theater on the Green-
Prescott Valley Civic Center.*

Cost: Free

*Description: Bring your blankets and
chairs for a wonderful night of music*

BINGO-ELKS

Every Wednesday Night 5pm

Every Sunday at 1pm

*Location: Prescott Elks #330
6245 E 2nd St PV*

BINGO- CASA SENIOR CENTER

Every Tuesday at 1:30

Every Saturday at 2:30

Location: 9360 E Manzanita Cir, PV

WEEKLY BRONZE FOUNDRY TOURS & BRONZE POURING

Every Thursday

Time: 11:00 AM

*Reservations only please
Bronzesmith Fine Art Foundry &
Gallery 7331 E. 2nd Street,
www.bronzesmith.com*

TRI-CITY SINGLES & FRIENDS

Every Saturday

Time: 11am

*Location: Food Court at the Mall.
Description: Activities
include dining out, community events,
holiday parties, bridge and games,
dancing, plays, music. Contact
information: Mary Litchfield
mlitchfield7@gmail.com
928 583-2226*

11TH ANNUAL -PATRI- OT WEEK-9/11 REMEM- BRANCE

Dates: Sept 9-17th

Time: Open to the public all week.

Location: Civic Center Lawn

*Display of over 3,000 US Flags creates
an atmosphere of optimism and
healing.*

GOLD FEVER DAZE

Date: Saturday Sept 24th

Time: 9am to 8pm

Location: Fain Park Prescott Valley AZ

*Description: Gold panning, historical
reenactments, fishing, food, arts and
craft vendors, music and western
entertainment.*

*928-759-8000 (Always call and
confirm events.)*

Cost: Free entry.

PRESCOTT HIGHLAND GAMES & CELTIC FAIRE

Date: September 24th & 25th

Time: Gates open 9am

Location: Watson Lake

Cost: 2 days \$30.00, 1 day \$18.00

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OCTOBER

BINGO-ELKS

Every Wednesday Night 5pm

Every Sunday at 1pm

Location: Prescott Elks #330

6245 E 2nd St PV

BINGO-CASA SENIOR CENTER

Every Tuesday at 1:30

Every Saturday at 2:30

Location: 9360 E Manzanita

TRI-CITY SINGLES & FRIENDS

Every Saturday

Time: 11am

Location: Food Court at the Mall.

Description: Tons of Activities. Contact:

Mary Litchfield 928 583-2226

mlitchfield7@gmail.com

ANNUAL PUMPKIN FESTIVAL AND CORN MAZE

**Date: Every day for the month of
October.**

Time: Varies- Doors open at 10am

Location: Mortimer Farms

12907 E. State Route 169 Dewey.

Description: Pumpkins & Corn Maze.

Thursdays: Farm Tour

Friday nights: Barn Dances

Family Fun, events for the entire family

Cost: \$15.50 to \$30.00

NOVEMBER

BINGO-ELKS

Every Wednesday Night 5pm

Every Sunday at 1pm

Location: Prescott Elks #330

6245 E 2nd St PV

BINGO-CASA SENIOR CENTER

Every Tuesday at 1:30

Every Saturday at 2:30

Location: 9360 E Manzanita

TRI-CITY SINGLES & FRIENDS

Every Saturday

Time: 11am

Location: Food Court at the Mall.

Description: Tons of Activities. Contact:

Mary Litchfield 928 583-2226

mlitchfield7@gmail.com

WEEKLY BRONZE FOUNDRY TOURS & BRONZE POURING

Every Thursday

Time: 11:00 AM

Reservations only please

Bronzesmith Fine Art Foundry &

ENDAR of EVENTS

Gallery 7331 E. 2nd Street, www.
bronzesmith.com

WILD LIGHT AND WILD SIGHTS- HERITAGE ZOO

Date: Nov 25th- Dec 30th

Time: Fri & Sat 6pm-9pm

**Location: 1403 Heritage Park Rd.
Prescott, AZ 86301**

Description: The park will be filled with festive holiday decorations, music, and magical light displays. Don't forget to visit the Gift Shop for those special holiday gifts!

DECEMBER

BINGO- ELKS

Every Wednesday Night 5pm

Every Sunday at 1pm

**Location: Prescott Elks #330
6245 E 2nd St PV**

BINGO-CASA SENIOR CENTER

Every Tuesday at 1:30

Every Saturday at 2:30

Location:9360 E Manzanita

WEEKLY BRONZE FOUNDRY TOURS & BRONZE POURING

Every Thursday

Time: 11:00 AM

*Reservations only please
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www.bronzesmith.com*

TRI-CITY SINGLES & FRIENDS

Every Saturday

Time: 11am

Location: Food Court at the Mall.

*Description: Tons of Activities. Contact:
Mary Litchfield 928 583-2226
mlitchfield7@gmail.com*

FESTIVAL OF LIGHTS PRESCOTT VALLEY

Date: Nov 24th Through Dec 30th

Time: Dusk to 11pm

Location: Fain Park- Drive

Description: Spectacular drive through hundreds of thousands of lighted and animated displays. Saturday after Thanksgiving through December.

PRESCOTT VALLEY NEW YEAR'S EVE CELEBRATION AND FIREWORKS

Date: December 30th

Time: 7pm to midnight

Location: Findley Toyota Center Parking Lot.

Description: Join us for a spectacular New Year's Eve celebration on December 31st from 7-midnight at the Findlay Toyota Center parking lot. Games, hot chocolate, s'mores, and a big bonfire! Fireworks at 8:30 pm and at midnight! Please leave your pets at home for their safety.

JANUARY

BINGO-ELKS

Every Wednesday Night 5pm

Every Sunday at 1pm

**Location: Prescott Elks #330
6245 E 2nd St PV**

BINGO-CASA SENIOR CENTER

Every Tuesday at 1:30

Every Saturday at 2:30

Location:9360 E Manzanita

WEEKLY BRONZE FOUNDRY TOURS & BRONZE POURING

Every Thursday

Time: 11:00 AM

*Reservations only please
Bronzesmith Fine Art Foundry &*

Gallery 7331 E. 2nd Street, PV
www.bronzesmith.com

TRI-CITY SINGLES & FRIENDS

Every Saturday

Time: 11am

Location: Food Court at the Mall.

*Description: Tons of Activities. Contact:
Mary Litchfield 928 583-2226
mlitchfield7@gmail.com*

FEBRUARY

BINGO- ELKS

Every Wednesday Night 5pm

Every Sunday at 1pm

**Location: Prescott Elks #330
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PARENTING AN

Being a parent is a very rewarding role to keep, but there are also many challenges that we as parents face especially when our kids enter into new phases of their development. Once we think we have it figured out, our kids change things up and we need to develop new ways to handle new situations. As every phase in development is important, the transition into adolescence (ages 11-21) can be quite pivotal. Not all children develop at the same rate, but generally physical changes can be seen at 9 years of age for girls and 11 years of age for boys, some sooner and some later. The child's cognitive thinking drastically changes while they also go through major physical changes. This can make this time

of their lives very confusing not only for them but for their parents as well.

During adolescence there are significant psychosocial, cognitive, and emotional changes that will take them into adulthood. These changes help them to develop how they view themselves and how the world views them. They also transition into abstract thinking which is something they are not used to yet but needs to be practiced with guidance. For this reason, reasonable negotiation with the child is essential as everyday issues such as clothes, chores, curfew, etc. can become a source of conflict. In addition, their emotions can run rampant with the development of their hormonal systems, so they start to feel those emotions more intensely. It is important that you as their parent help guide them through these emotions by teaching them how to manage

them in a calm way. Do not forget that this is all new to them too, but unlike you they have not developed the coping skills they need to manage these emotions. Arguments are likely bound to happen but try your best to stay calm and collected even if that means calling a "timeout" and resuming the discussion when everyone is calm.

Here is a list of tips for parents of adolescents or soon to be adolescents:

- Develop clear rules and expectations before they become teenagers- this teaches them effective communication
- Be firm and follow through with consequences that have been previously established
- Be flexible by allowing teenagers to negotiate with rules or circumstances

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ADOLESCENT

By Christine Gean, FNP-C

that are negotiable. Never negotiate on things that are non-negotiable

- Conflict is normal especially during this time period so do not take anything they say personally
- Despite what they say, adolescents want you to be involved and concerned for them
- Know who their friends are and have an open line of communication with their friend's parents
- Try to be involved in their schooling if possible
- Continue to involve them in family activities but expect they will not want to participate in every activity

- Keep your promises- this builds trust
- Emulate the behavior you expect to see in them by being a good role model
- Give them their independence and privacy while also realizing they still need supervision
- Keep open lines of communication and do not be afraid to start conversations with them even if they are difficult or sensitive subjects
- Educate and caution them against risky behaviors (alcohol, tobacco, vaping, drugs, preventable injuries, etc.)
- Never ignore threats relating to harming themselves or others

More information on adolescents can be found on the American Academy of Pediatrics website including specific physical and mental health needs. However, if you have any concerns regarding your adolescent please reach out to your child's pediatrician. And remember, being a parent can be tough at times so just keep doing your best!

Adolescent Development

- Begins around ages 10 to 13 and involves changes in
 - Brain development
 - Physical changes (puberty)
 - Moral development
 - Social/identity development
 - Cognitive development (thinking)




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Bowen Chiropractic and Wellness Center is located right here in the heart of Chino Valley/Quad City area. With our town and communities growing at an amazing pace it has been great to have our beautiful state-of-the-art wellness clinic here in our area. Dr. Bowen, or Dr. Robert as he is commonly referred to, has been practicing in the Quad city

area since 2000 and is a third-generation Chiropractor. Dr. Robert grew up with chiropractic care in his family and has seen the impact chiropractic care has made on many lives for over twenty-two years now. Many of those years were spent working with his father, Dr. Bob, who was much loved and esteemed within our community as well.

Dr. Robert, his wife Kim, and their three children are active members within our community. Bowen Chiropractic and Wellness Center sponsors our youth sports programs, offers free health classes to the community, and has provided free

athletic training and chiropractic care to our Chino Valley Cougar athletes in previous years. Dr. Robert is a certified chiropractic sports physician, and his true passion is working with our athletes to improve their wellness and athletic ability.

Our beautiful new building embodies an atmosphere of healing and wellness. The office is open, spacious and allows our patients to receive services specifically tailored to their needs, addressing their individual problem areas. The heart of Dr. Roberts' practice is based on a whole-body wellness approach, with an emphasis on the nervous system, spinal nerve dysfunction and how muscles and the spine relate together. Bowen Chiropractic and Wellness Center also focuses on nutrition, weight loss,

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BOYS & GIRLS CLUBS: DANCING FOR THE STARS!



Dancing for the Stars is our local Boys & Girls Clubs' major fundraiser of the year and the event has grown to raise a significant portion of the organization's operation budget. The event consists of an exciting dance competition in which local celebrities are paired with professional dancers to perform a wide variety of dances. Dancers commit to learn a dance routine and fundraise to support Clubs' youth, with all proceeds staying local and impacting hundreds of families in our community.

Dancing for the Stars 2022 Opening Event took place on Friday 9th, while the Main Event

took place on Saturday, September 10th at the Yavapai College Performing Arts Center. The Clubs are deeply grateful for all dancers who joined the mission of fundraising on behalf of our community youth. Thanks to their dedicated efforts and community support, a new fundraising record was set for a total of \$465,000 raised in the 2022 edition!

The incredibly creative performances wowed and entertained the audience, while our community also did an incredible job in engaging and supporting our dancers.



While the true winners are Clubs' kids, three top awards went to Dr. Nisha Tung & Lungani Gwala for "Judge's Choice" for best performance; Sheriff David Rhodes & Carie Hughes for "People's Choice Award" for most votes; and Matt Brassard and Dre Caldwell took home the mirror ball for "Best Friendraiser", for raising the highest amount in overall donations.

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Sheriff David Rhodes & Carie Hughes
 Kids Choreographer Lexe Niekamp, Lessons
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A HUGE shout out to all our amazing dancers who worked so hard in fundraising, rehearsing, and dazzling on stage:

- Carissa Maxwell & Ron Howard
- Councilwoman April Hepperle & JC Lawler
- Dr. Nisha Tung & Lungani Gwala
- Fire Chief Holger Durre & Sasha Naasz
- Jamie Procknow & Frankie Pena
- Jeff Champ & Dawn Wilson
- Matt Brassard & Dre Caldwell
- Molly Hohrein & Zach Leonard
- San Martin Rodriguez & Marina Rogova-O'Brien



for the Stars provides local youth and their families with life-changing opportunities. The organization's heartfelt gratitude goes out to our community!

To learn more about our local Clubs' impact and programs, visit bgccaz.org, and follow [facebook.com/BGCCAZ](https://www.facebook.com/BGCCAZ) and [instagram.com/BGCCAZ](https://www.instagram.com/BGCCAZ). Additionally, you can visit dancingforthestars.net to stay tuned about the latest regarding Dancing for the Stars.

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CALENDAR OF EVENTS

SUNDAYS

PV Bible Church Meeting

MONDAYS

TAI CHI 9-10

Art & Painting 10-11

Baked Goods & Commodities & Food Pantry 11:00-3:30

Thrift Shop 10:00-3:30

CASA KITCHEN CAFÉ (Lunch) 11:00-12:30

POKER 12:30-

PINOCHLE 12:30-

GENTLE EXERCISE 1:15-2:15

TUESDAYS

Computer-Internet Help 10-12 (APPOINTMENT)

Baked Goods & Commodities & Food Pantry 11:00-3:30

Thrift Shop 10:00-3:30

CASA KITCHEN CAFÉ (Lunch) 11:00-12:30

BINGO 1:30-

WEDNESDAYS

TAI CHI 9-10

Baked Goods & Commodities & Food Pantry 11:00-3:30

Thrift Shop 10:00-3:30

CASA KITCHEN CAFÉ (Lunch) 11:00-12:30

POKER 12:30-

GENTLE EXERCISE 1:15-2:15

THURSDAYS

Baked Goods & Commodities & Food Pantry 11:00-3:30

Thrift Shop 10:00-3:30

CASA KITCHEN CAFÉ (Lunch) 11:00-12:30

LINE DANCE 1:30

BIRTHDAY THURSDAY (3rd Thursday)

FLEA MARKET & CRAFTS (LAST Thurs/Fri)

FREE Blood Pressure Checks 10:30-11:30

FRIDAYS

Baked Goods & Commodities & Food Pantry 11:00-3:30

Thrift Shop 10:00-3:30

CASA KITCHEN CAFÉ (Lunch) 11:00-12:30

Greeting Card Workshop (2nd & 3rd Fridays) 10:00-

POKER 12:30-

GENTLE EXERCISE 1:15-2:15

FLEA MARKET & CRAFTS (LAST Thurs/Fri)

Pedicures by Appt. (every 6th Fri) 8:00-noon

SATURDAYS

United Church of God Meeting (2nd & 4th Sat) 8-2:00

BINGO 3:30 (doors open 2:30)

OTHER SPECIAL EVENTS INCLUDE:

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Wed. AUG 31 Time: 10:30-1:30

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Wed. NOV 23 Time: 11-1:00

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Fri DEC 23 Time: 11-1:00

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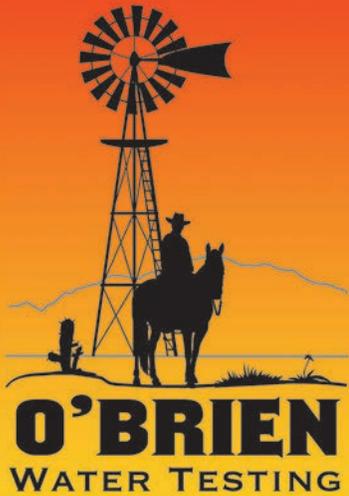
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