

Your Home Town Magazine

# Prescott Valley CARES

FALL / WINTER • 2019

FREE!

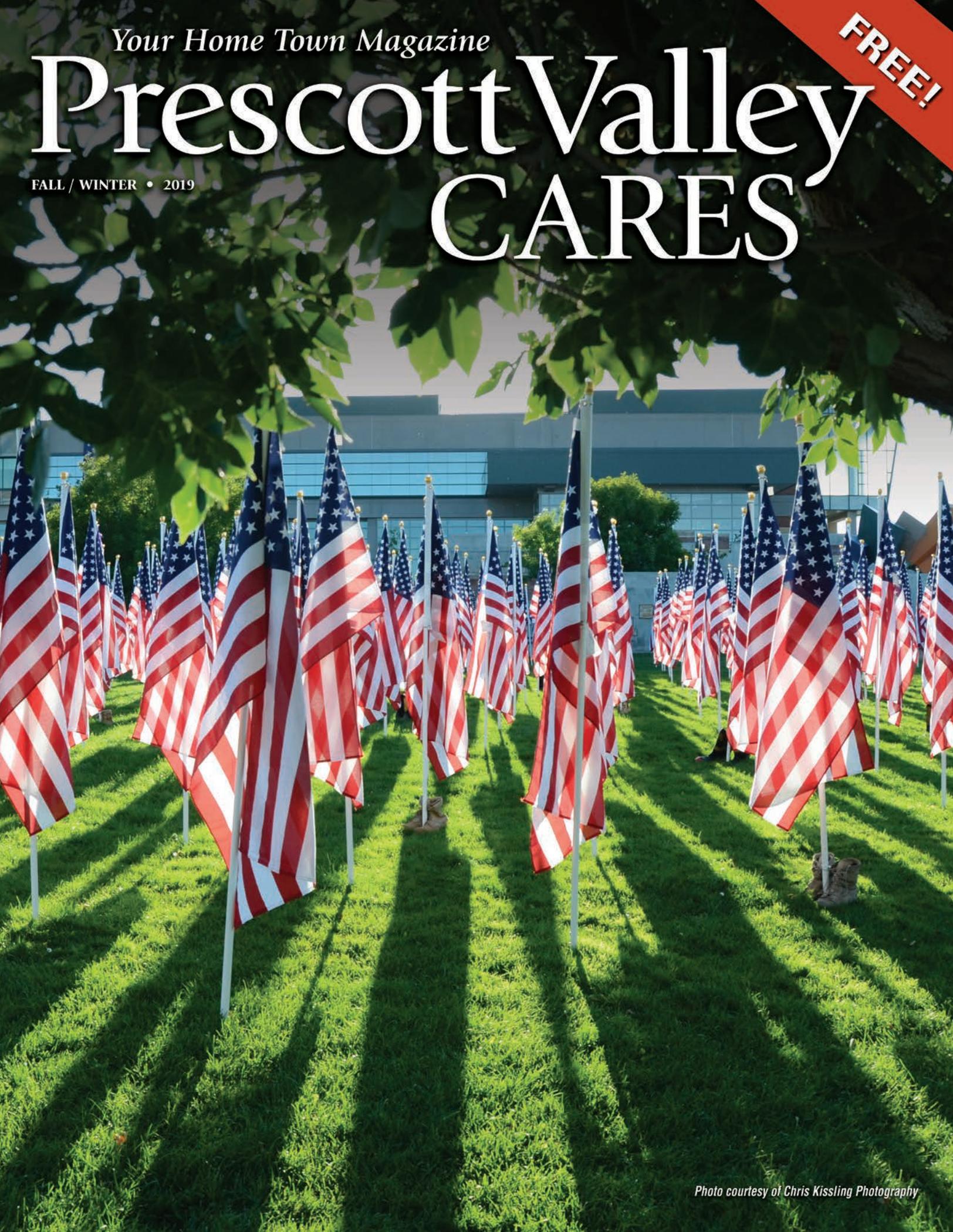


Photo courtesy of Chris Kissling Photography

# HEALING FIELD OF FLAGS

Yavapai County Supervisor and former Prescott Valley Council member Mary Mallory in September 2012 spearheaded the effort to bring a Healing Field of Flags to the community. In 2007, Mallory had visited the Tempe Healing Field of flags. The display so touched her that she envisioned such a Field in Northern Arizona. Four years later, the Prescott Valley Healing Field of Northern Arizona was born.

That first year in Prescott Valley, 1,200 flags flew at the Civic Center grounds. The community rallied behind the effort and by September 2013, 3,000 flags commemorated the lives lost in the terrorist attacks on the World Trade Centers, the Pentagon, and an additional imminent attack before passengers

brought down a fourth hijacked plane in a field in Pennsylvania. After 19 Granite Mountain Hotshots lost their lives fighting the Yarnell Hill Fire on June 30, 2013, 19 flags, one for each firefighter, were added to the Field.

From its inception, the Prescott Valley Healing Field has been a labor of love that is made possible each year by many volunteers and donors.

The first Healing Field display was organized by Paul Swenson, president of Colonial Flag in Sandy, Utah to commemorate the huge loss of life on September 11, 2001. While it began as a simple way for one person to visualize and comprehend the sheer enormity of human loss that occurred on September 11, Healing Fields have become much more. From the Colonial Flag website: "As hundreds of volunteers gathered to help, it soon became evident that something much more was emerging. It became a personal gesture of support, a tangible expression of mourning, honor and a very real healing experience. Today, hundreds of Healing Field® and Field



Mary Mallory with Arizona Governor Doug Deucey

tributes of honor, celebration, civic pride, education and healing."

Now in its seventh year, the Prescott Valley Healing Field of Northern Arizona for a week each September draws thousands of people to walk among the flags and pay their respects to people they knew, and others they did not.



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Schoolchildren read the biography tags attached to each flag and learn about people who died before they were born, and why it is important to remember them. Service men and women come to honor the veterans among the lost. Firefighters and law enforcement officials find the tags belonging to their colleagues who gave their lives trying to save others on that day. People come to visit those they have some connection to, and find their bios, because 9/11 touched nearly every person in the country in a personal way.

Often, people can be seen at all hours of the night, a time many choose to walk the lighted fields and reflect.

A flag with a biography tag memorializes each person who lost their life on 9/11. A teddy bear graces the flag of each child lost in the attacks. Firefighter and police boots, sit at the foot of first responder flags. Volunteers take shifts at an information booth each day to help people find the flags they are looking for.

The Healing Field is installed by community volunteers, firefighters, police and Town of Prescott Valley staff, and stays up around the clock for the entire Patriot Week each September. This year, the flags will go up on September 6, and will be on display around the clock until noon, September 13.

On Saturday Sept. 7 at 7 a.m. the annual Patriot Run will help to raise money for the Central Arizona Honor Guard. **Find information on the run at [www.raceentry.com](http://www.raceentry.com).**



A Blessing of the Field ceremony will take place the same day at 9:30 a.m. at the Theater on the Green. That evening at 6 p.m., local youth choirs and bands will present a patriotic concert on the stage.

On Tuesday, Sept. 10 at 6 p.m., the Town will present a free concert of patriotic music at the Theater on the Green.



On Wednesday, Sept. 11 at 6 p.m., the Town will present a ceremony honoring those who lost their lives on 9/11/2001. The event will include the National Anthem, a keynote address by Patty Mack, retired Captain, New York State Court Officer's Academy at the time of the attacks, appearances by the Central Arizona Honor Guard & Pipes & Drums, and the American Legion Post 6.

The Healing Field needs volunteers to help set up and take down flags, and to man the information booth during the week. **Find more information and sign up at [www.pvaz.net/813/9-11-Healing-Field-of-Northern-Arizona/](http://www.pvaz.net/813/9-11-Healing-Field-of-Northern-Arizona/) For inquiries or information about Prescott Valley Patriot Week email [pvpatriotweek@gmail.com](mailto:pvpatriotweek@gmail.com), or visit [www.facebook.com/PVPatriotWeek](http://www.facebook.com/PVPatriotWeek).**

Be sure to take time during the week to visit and remember.

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Let's go, Bradshaw Mountain High School! On the field or off, my team and I are always here to support the players, coaches and parents. Good luck!

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# LONESOME VALLEY COMPANY



May 16, 2019

Ranger exhibit at the opening of the Western Heritage Museum on Whiskey row. From left to right, Lt. Rick Fisher, MSgt. Bob Burnett, Sgt. Claudia Hendriksen, Sgt. Richard Tuten.

The Lonesome Valley Company of the Arizona Rangers, already one of the largest in the state, continues to grow with several new applicants, in addition to new probationary

rangers currently in training. When new applicants are asked why they want to join our company the answers are diverse. Most say they want to enjoy the camaraderie and friendship of other Rangers. Many say they are impressed by the professionalism and integrity exhibited by the Rangers. Almost all say it is an avenue for them to give back to our community in a meaningful way. Regardless of reason, the Lonesome Valley Company welcomes all interested newcomers.

Although winter and early spring is usually a slower time of the year for our company, our Rangers have been staying busy. These are some of the events we have participated in during the last few months.

Our local historian, Lt. Hank Hellman, through diligent research, was able to discover the location of the unmarked grave of 1907 Ranger George Mayer in the Odd Fellows

cemetery here in Prescott. A grave marking ceremony was held on Saturday, May 4th, to honor his service to Arizona as one of the original 107 Rangers who served from 1901 to 1909. The ceremony was attended by local dignitaries, Rangers from Lonesome Valley Company, as well as Rangers from other companies within the state.

In May the Lonesome Valley Company presented scholarships to graduating seniors from Prescott, Chino Valley, and Bradshaw Mountain High Schools. A senior from each of these schools was awarded a \$1,000 scholarship from the Col. Lynn Holliday/Capt. James McInerney scholarship program. Winners were Victoria Winsberg from PHS, Jordyn Bassford from Bradshaw Mountain HS, and Addie Daniels from Chino Valley HS.

On Memorial Day, May 27th, Lonesome Valley Company rangers attended the

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# CONTINUES TO GROW

Veterans Memorial Service at Prescott Citizens Cemetery on Sheldon St. Rangers provided security for the event, as well as taking part in honoring the sacrifices of our fallen veterans. For many of our rangers who are veterans, it was a proud, but oftentimes



Grave marking ceremony for Arizona Ranger George Mayer at Odd Fellows cemetery, one of the original ranger group that served from 1901 to 1909.

sobering, tribute to those who gave their all to preserve the freedoms we enjoy today.

In other news, the Arizona Rangers were invited to provide an exhibit for the newly opened Western Heritage Museum on Prescott's fabled Whiskey Row. Several Rangers from the Lonesome Valley Company worked diligently to put together a display in time for the ribbon cutting ceremony on May 16th. The display pays tribute to the original Arizona Rangers, their history, and their contributions to the territory or Arizona, which provided the means for it to become a state in 1912. Many Rangers attended the opening, some in current uniform dress and several in period clothing reminiscent of that worn by the original rangers in the early 1900's.

As part of our regular duties, the Lonesome Valley Company provided security for both the Party in the Pines, and the



PHS scholarship award. Sgt. Richard Tuten presenting award to winner Victoria Winsberg.

Territorial Days Art Festival. Rangers who participated said they enjoyed both duties and appreciated the opportunity to interact with our local citizens.

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**People Who Care is a non-profit, tax-deductible organization that**

**assists adults who are unable to drive because of physical limitations. Enrolled clients, or "Neighbors," receive caring, non-medical assistance from volunteers who live right here in Prescott Valley and Dewey.**

People Who Care volunteers help their Prescott Valley and Dewey client Neighbors in so many ways. These are some of them:

- Rides for healthcare and business appointments, support group meetings and visits to a family member in a healthcare facility.
- Rides for a grocery shopping trip and any help needed in the store and with carrying in groceries at home.

- Shopping for groceries for Neighbors who are not able or comfortable leaving their homes.
- Assistance with reading mail, writing checks to pay bills, reconciling the checkbook or writing personal notes to family and friends.
- Relief for full-time family caregivers for a few hours a week to give them a little time away and time on their own.
- A weekly friendly visit from a volunteer just spending time together sharing their lives past and present.
- Phone calls during the week to check in to see how everything is going.



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- A Project Safe Home safety visit to help prevent falls and accidents. Safety items and devices are



People Who Care volunteers provide rides for healthcare and business appointments, support group meetings and visits to a family member in a healthcare facility.

provided when needed.

In Prescott Valley, because of the rapid growth, we expect to have an increasing number of requests for assistance. However, without more community volunteers we will have to turn many away. Volunteers do what they can when they can. There is never a designated day or time unless you choose to do so.

Mari Conner is the Prescott Valley and Dewey Program Manager. She would be happy to talk with you and provide an overview of the work volunteers do in the community. **The Prescott Valley office is open from 9 a.m. to 2 p.m., Monday through Thursday, located at 8098 E. Valley Rd #C. The phone number is**

**925-3066.**

**To learn more about People Who Care, check out our website at [www.peoplewhocareaz.com](http://www.peoplewhocareaz.com).**

Volunteer Information Meetings give you the opportunity to learn about People Who Care and to see if this is a fit for you. When you attend a meeting, there is no obligation or commitment - it is just an opportunity to learn and ask questions!

**Volunteer Information Meetings are held on the third Wednesday of every month from 1:30 to 3:30 p.m. in the Prescott office, located at 147 Grove Ave. If you are interested in attending this meeting, call the Prescott office at 445-2480.**

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# PRESCOTT VALLEY:

By Hope Hooper, Prescott Valley Recreation Coordinator



Most people who live in and around Prescott Valley come from different places and diverse cultures. This can make the holidays a daunting time, especially for those whose families are not nearby. The Town of Prescott Valley wants all of our community members to feel at home during the holiday season, whether you have been here for a month or 20 years. Plenty of festive activities are available that can help you create lasting holiday memories to share with friends and family.

Holiday festivities kick off on the first Friday evening in December with the annual Festival of Lights event at the Prescott Valley Civic Center (7501 E. Skoog Blvd). Local organizations and businesses are invited to apply through the Prescott Valley Chamber of Commerce to participate in the Light Parade – a glowing extravaganza that circles the Civic Center campus right after the Festival of Lights program that culminates with the lighting of the Civic Center grounds. There is plenty of parking for families who want to enjoy the beautiful parade, listen to local youth performances, and hear “The Night before Christmas” read by Chamber CEO, Marnie Uhl. If it is too cold outside for

you, step into the Prescott Valley Public Library to enjoy the Create-A-Tree exhibit or join Parks and Recreation staff and volunteers on the third floor of the Civic Center for Pictures with Santa.

Create-A-Tree is a program through which local groups can, for no cost, decorate trees to brighten up the Library through the month of December. The display opens at the Festival of Lights. Visitors vote on their favorite trees throughout the month. The tree with the most votes receives the People’s Choice Award and bragging rights for the year. If you do not get a chance to see the Create-A-Tree display at the Festival of Lights make sure to visit the Prescott Valley Public Library some



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# HOME FOR THE HOLIDAYS



time during the month of December to check out these gorgeous works of art. For those interested in submitting a tree for display, please keep in mind that applications open in October and are available at the Parks and Recreation Department or online at [www.pvaz.net](http://www.pvaz.net). It is a great opportunity to market your business, organization, or team, or make your inner artist happy, for no cost!

Pictures with Santa is free to the public as well! Parks and Recreation staff and volunteers will guide you through Santa's Workshop to talk to the jolly man himself. Whether you have been naughty or nice this year, Santa has a kind word and a smile to brighten up your holiday season. A professional photographer will snap

photos which are then posted online - only folks who attend Pictures with Santa have access to the photo link. All ages of children are welcome, even if you are just a child at heart. Do not forget to bring your wish list!

The Festival of Lights is just the beginning! Ring in 2020 at the Event Center with Town staff for the New Year's Eve celebration on December 31st. There are s'mores to enjoy, games to play, a bonfire to keep everyone warm and festive fireworks at 8 p.m. and midnight. This free event is perfect for families and you do not even have to stay up until midnight to enjoy it!

We will celebrate a fresh start for the New Year again on Saturday, January 4, 2020 with the popular Polar Bear Splash. This is yet another great opportunity to enjoy

free food, games, contests, and (for those 18 years and older) an icy plunge into the pool. Do not miss out on the doughnut eating contest, our newest addition and a crowd favorite! If you do not have the appetite to compete, you can enjoy watching your friends and family get their faces covered in powdered sugar as they try to win one of the many prizes. Not only can you win great awards at an already free event, this is the perfect chance to meet your neighbors and enjoy the strong sense of community that makes our town so special.

If you would like to be a volunteer or sponsor for any or all of these events, please contact **Prescott Valley Parks and Recreation at 928-759-3090 or email [parks@pvaz.net](mailto:parks@pvaz.net)**. These are great ways to connect with others in our community in an enriching and fun environment.





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# the PRESCOTT VALLEY CARES

# COMMUNITY CALENDAR

## AUGUST

### PRESCOTT ELKS LODGE BINGO

EVERY WEDNESDAY & SATURDAY

Time: Doors Open at 5:00pm  
Bingo starts at 6:00pm  
Location: 6245 E. 2nd st  
Cost: Varies  
Public welcome 18 and over.

### ALZHEIMER'S SUPPORT GROUP

DATE: EVERY MONDAY

Time: 10am-12  
Location: Library  
Genealogy room.

### WOOF DOWN LUNCH

DATE: AUGUST 3RD

Time: 10 AM -3 PM  
Location: Down Town Prescott:  
Courthouse Square  
Cost: FREE to Attend  
\$20.00 for a handmade bowl  
and Lunch.  
Sponsor: United Animal  
Friends. All proceeds go to  
dogs in need.

### 2ND ANNUAL CORNHOLE TOURNAMENT TO BENEFIT HABITAT FOR HUMANITY

DATE: AUGUST 10TH

Time: 3pm to 7pm  
Location: Findlay Toyota  
Center  
Cost: \$250.00 /Players  
Free to spectators.  
Sponsor: R.E.D. Plumbing  
Sign up at R.E.D. Plumbing  
11800 E. Berry Dr. Dewey.

### YAVAPAI COLLEGE ROUGHRIDERS FREE SOCCER CLINIC

DATE: AUGUST 10TH

Time: 9-10:30 am  
Location: Mountain Valley Park  
Cost: Free  
Bring your own soccer ball.  
All participants will receive a  
special souvenir gift. Come  
meet the Men's Soccer Team  
prior to their season opener.  
All ages are welcome.

### CROSS ROADS GUN SHOW

DATE: AUGUST 17-18

Time: 9-5/ 9-4pm  
Location: Fidlay Toyota Center  
Cost: \$5.00 entry fee

## SEPTEMBER

### PRESCOTT ELKS LODGE BINGO

EVERY WEDNESDAY & SATURDAY

Time: Doors Open at 5:00pm  
Bingo starts at 6:00pm  
Location: 6245 E. 2nd st  
Cost: Varies  
Public welcome 18 and over.

### ALZHEIMER'S SUPPORT GROUP

DATE: EVERY MONDAY

Time: 10am-12  
Location: Library  
Genealogy room

### YRMC CELEBRATE LIFE HEALTH EXPO

Date: Sept 6 & 7  
Time: 9 am to 3pm

Cost: Free

### PATRIOT WEEK PRESCOTT VALLEY HEALING FIELD OF NORTHERN ARIZONA

DATES: SEPTEMBER 6-12  
Times from 7am-10pm  
Location: Civic Center Lawns  
Dates: Sept 6th 7am  
Come help erect 3,000 flags  
for our Prescott Valley Healing  
Field.

PATRIOT RUN 7AM

HEALING FIELD CEREMONIES  
9:30AM  
Patriotic Youth Concert 6pm

### PATRIOT WEEK FREE OUTDOOR CONCERT

DATE: SEPT 10TH

Time: 6PM  
Location: Theater on the Green

### PATRIOT WEEK ANNUAL 9/11 CEREMONY

DATE: SEPT 11TH.

Time: 6pm  
Location: Theater on the Green  
Cost: No charge  
Come honor those who lost  
their lives on Sept. 11th.  
Bring your own chair.

### SUMMER CONCERT SERIES SHINING STAR BAND & FAMOUS IN DENMARK

DATE: SEPT 13TH

Time: 6pm  
Location: Theater on the Green  
Cost: Free  
Bring a blanket and chairs

### SUMMER CONCERT SERIES THUNDER & LIGHTNIN'

DATE: SEPT 20TH

Time: 6pm  
Location: Theater on the Green  
Cost: Free  
Bring a blanket and chairs.  
Great family event.

### SUMMER CONCERT SERIES ROAD 1 SOUTH

DATE: SEPT 31

Time: 7PM  
Location: Theater on the Green  
Cost: Free  
Bring a blanket and chairs

### PAKC DOG SHOW

DATE: SEPTEMBER 20-22

Time: TBD  
Cost: FREE  
Location: Findlay Toyota  
Center

## OCTOBER

### PRESCOTT ELKS LODGE BINGO

EVERY WEDNESDAY & SATURDAY

Time: Doors Open at 5:00pm  
Bingo starts at 6:00pm  
Location: 6245 E. 2nd st  
Cost: Varies  
Public welcome 18 and over.

### ALZHEIMER'S SUPPORT GROUP

DATE: EVERY MONDAY

Time: 10am-12  
Location: Library  
Genealogy room

# LENDAR *of* EVENTS

## **PUMPKIN FESTIVAL**

**DATE: SEPTEMBER 27TH-  
THROUGH OCT 27TH EVERY  
FRIDAY-SUNDAY**

*Time: 9am-9pm  
Location: Mortimer Farms  
1290 State Route 169 Dewey  
Cost: Varies  
Corn Maze, Pumpkins,  
Attractions, games, farm  
activities, live music, barn  
dance and more.*

## **RUN FOR THE HILL OF IT! 5K RUN & WALK**

**DATE: OCT 5TH**

*Time: 7am  
Location: Glassford Hill's  
Summit Trail.  
Cost: \$20.00  
Entry fee will include a  
t-shirt, snacks and other fun  
incentives. This is a non-  
competitive event showcasing  
the beauty & accessibility of  
Glassford Hill. No 4 legged  
friends permitted to participate  
in this event.*

## **THE BIG STING- COUNTRY MUSIC FESTIVAL**

**DATE: OCTOBER 10 -13TH**

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## **NOVEMBER**

### **PRESCOTT ELKS LODGE BINGO**

**EVERY WEDNESDAY &  
SATURDAY**

*Time: Doors Open at 5:00pm  
Bingo starts at 6:00pm  
Location: 6245 E. 2nd st  
Cost: Varies  
Public welcome 18 and over.*

### **ALZHEIMER'S SUPPORT GROUP**

**DATE: EVERY MONDAY**

*Time: 10am-12  
Location: Library  
Genealogy room*

### **FLYIN HIGH TURKEY DRIVE**

**DATE: NOV 19TH**

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Bingo starts at 6:00pm  
Location: 6245 E. 2nd st  
Cost: Varies  
Public welcome 18 and over.*

### **ALZHEIMER'S SUPPORT GROUP**

**DATE: EVERY MONDAY**

*Time: 10am-12  
Location: Library  
Genealogy room*

### **FESTIVAL OF LIGHTS & HOLIDAY TREE DISPLAY**

**DATE: DECEMBER 6TH**

*Time: 4:30 pm to 8 pm  
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**DATE: DECEMBER 27TH**

*Time: 7pm  
Location: Findlay Toyota Center  
Cost: Tickets in advance at the  
box office*

### **NEW YEAR'S EVE CELEBRATION AND FIREWORKS**

**DATE: DEC 31**

*Time: 7-8:30 pm  
Location: Findlay Toyota Center  
parking lot.  
Cost: Free  
Games, Hot Chocolate,  
s'mores, big bonfire. Fireworks  
at 8:30pm to midnight. No pets  
aloud.*

## **JANUARY**

### **PRESCOTT ELKS LODGE BINGO**

**EVERY WEDNESDAY &  
SATURDAY**

*Time: Doors Open at 5:00pm  
Bingo starts at 6:00pm  
Location: 6245 E. 2nd st  
Cost: Varies  
Public welcome 18 and over.*

### **ALZHEIMER'S SUPPORT GROUP**

**DATE: EVERY MONDAY**

*Time: 10am-12  
Location: Library  
Genealogy room*

### **POLAR BEAR SPLASH**

**DATE: JANUARY 4TH**

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# POTENTIAL HARMS OF EXCESSIVE



*"Technology is a useful servant but a dangerous master."*

-Christian Lous Lange

We currently live in a world inundated by digital media—in some ways, for the better, but in other areas of our lives, the digital media can be a drain on our relationships. In fact, how we as a society communicate and interact with each other has shifted

dramatically over the past two decades. Technology is pervasive, and now shows up in some way in almost every facet of our lives. Kids today spend on average 7 hours and 38 minutes a day on some form of digital media, including but not limited to computers, phones, video games, and television.

But what are the potential harms of excessive digital media use? Studies have shown a correlation of greater amounts of screen time with less physical activity, which exacerbates the problem of childhood obesity. It displaces time spent with family, replaces face to face social interaction with peers which impacts childhood learning of social skills, especially in our youngest humans. Excessive screen time leads to poorer

quality of sleep, and even causes poorer grades in school. Some studies even show a possible link with increased depressive symptoms and other psychological difficulties.

New parents often question how to introduce their young children to technology, while parents of older kids want to know how to prevent addiction to screens and ensure a healthy relationship with digital media. Here are some ideas:

The American Academy of Pediatrics has issued these guidelines regarding media use in children:

- For children younger than 18 months, avoid use of screen media other than video-chatting. Parents of children 18 to 24 months of age

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# DIGITAL MEDIA USE *By Dr. Klein*

who want to introduce digital media should choose high-quality programming and watch it with their children to help them understand what they're seeing.

- For children ages 2 to 5 years, limit screen use to 1 hour per day of high-quality programs. Parents should co-view media with children to help them understand what they are seeing and apply it to the world around them.
- For children ages 6 and older, place consistent limits on the time spent using media, and the types of media, and make sure media does not take the place of adequate sleep, physical activity and other behaviors essential to health.

- Designate media-free times together, such as dinner or driving, as well as media-free locations at home, such as bedrooms.
- Have ongoing communication about online citizenship and safety, including treating others with respect online and offline.

As you can see, the best time to start enforcing positive habits is right from the beginning. It becomes much harder to begin limiting electronic device usage in an older child who has already become dependent on it to provide constant entertainment. The reality is, kids are going to use technology, but putting some limits in place in the beginning can help them develop good habits that last

until adulthood. Remember, when it comes to technology, few things can replace the value of being in the presence of and personally engaging with our loved ones face to face.

**Screen-time recommendations**

- 0-2 years  
No screen-time
- 2-5 years  
1 hour/day
- >5 years  
1-2 hours/day

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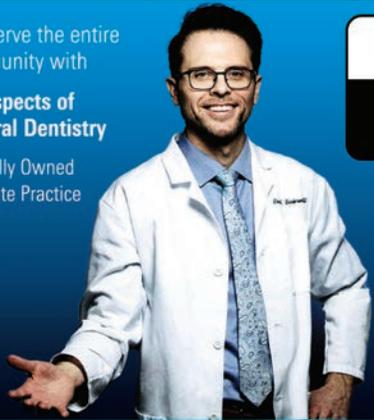
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# THE BIG SWITCH *Two long-time local*

**Home is where the heart – and art – is! Two of the Quad-Cities’ favorite businesses are switching buildings in Prescott Valley.**

Stepping Stones Thrift Store and Armadilla Wax Works will be trading spaces in a huge win for both organizations. Armadilla Wax Works will be relocating into Stepping Stones’ “Red Barn” thrift store located on Highway 69, while Stepping Stones will be consolidating both Prescott Valley thrift store locations into Armadilla’s large building on Industrial Way, where they have been operating for over 20 years.

Trading spaces provides both businesses with the right space to meet their needs and the needs of their customers.

For Armadilla Wax Works, the Red Barn building provides just the right space for their retail candle and mercantile store and candle making. Serving the quad city area since 1984, this is the original – one and only – biggest and best candle store in Arizona, founded originally in old town Tempe in 1971. “Candle light doesn’t just happen, it’s made to happen.” The mercantile store will feature original candle designs and artisan quality craftsmanship with every candle they make, every day. Candles put the “special” in special events for weddings and holidays, from celebration to ceremony.



At Stepping Stones, thrift shoppers are able to find the best treasures from books to furniture, but it is so much more than just a store. Proceeds from the thrift stores directly support Stepping Stones’ 24/7/365 Helpline, advocacy services, and safe shelter for local families finding

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## Prescott Valley businesses Trading Spaces



freedom from all forms of abuse. The opportunity to consolidate into one location offers more treasures in one large space, as well as provide additional support for the 24/7 advocacy services.

Stepping Stones CEO Robin Burke said, "The opportunity to have both

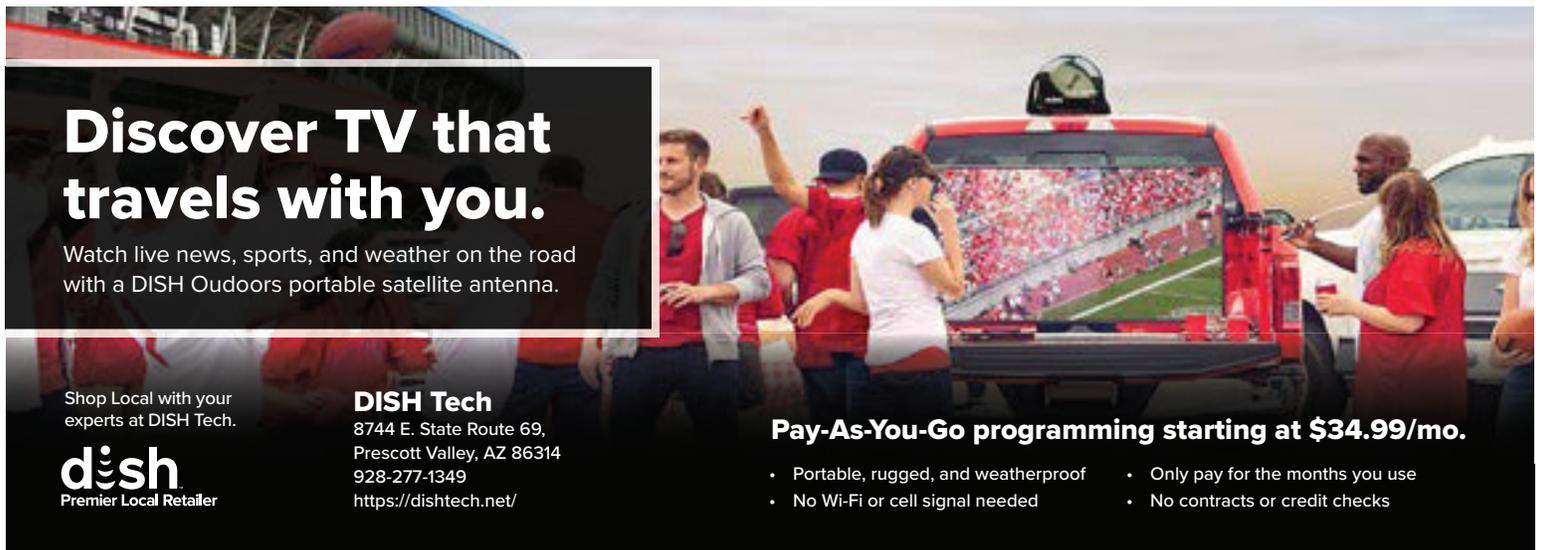
our Prescott Valley thrift stores in one location allows us to provide even more resources for families in our advocacy programs and give customers a better shopping experience."

When you think about a win-win, this is it. Two local companies, with heart and art, exchanging locations to better serve their business, customers, and the community.

The big switch is anticipated to be completed by mid-August with a short closure for both businesses during the transition. **For more details about important dates, visit [www.SteppingStonesAZ.org/thebigswitch](http://www.SteppingStonesAZ.org/thebigswitch).**

*Beginning in 1980, Stepping Stones Agencies provides 24/7/365 advocacy services and safe shelter for adults and children finding freedom from intimate partner violence and other forms of victimization in West Yavapai County. Stepping Stones Thrift Stores were named the #1 Thrift Store in 2019 through The Daily Courier's Reader's Choice Awards.*

*Armadilla Wax Works feature candles made in their workshop in Prescott Valley, Arizona, inspired by the Southwest, designed with a purpose. Since 1971, they have made candles for celebration and ceremony, home decor, romantic evenings, a big wedding bash and personal relaxation, with and without fragrance.*



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# ATTENTION PARENTS:



**ATTENTION PARENTS: Students and Parents think they must have a high GPA to qualify for scholarships and grants; this is simply not true.**

**Grants and scholarships are significant financial aid resources, because money you earn does not require repayment, unlike student loans. Student Loans are financing options that cover your expenses today, in return for repayment (with interest) tomorrow. It is not uncommon to borrow money for school, but it is imperative to remember that student loans add to your child's debt load once they graduate. Why saddle your child's future with a mountain of debt when there are plenty of free, untapped resources available?**

Do not wait until 11th grade to start planning on your child's future. It is very important to start a child's quest for grants and scholarships in MIDDLE SCHOOL. As a parent we need to do our homework. Get your child active in the community and get your child volunteering. Many nonprofit organizations weigh scholarships on volunteering, community activities, need, desire, essay writing, and then on GPA.

Scholarships are typically merit-based awards, which are distributed based on student achievement and performance. Popular scholarships are tied to athletics and academics, but others consider charitable contributions and civil activism. A range of qualifications are applied to scholarship candidacy, in combinations that might require eligible applicants to stand-out in more ways than one. Most scholarships, especially renewable awards, impose GPA requirements that students must maintain to remain eligible. Financial need is sometimes considered by scholarship administrators, but it is usually secondary to performance.

Grants, on the other hand, are primarily need-based. Students who need the money



most are targeted first for college grants. Since most grants come from government agencies, there is no credit check required for application. If your credit is bad or your income is low, government grants are in place to supplement your college cash fund.

There is a wealth of information on grants and scholarships close to home. Your child's high school guidance counselors are there to help you plan your child's post-secondary education, and they should be up to date with current grants and scholarships

### College vs. Trade School

Which One is Right for Me?

Some of the fastest growing jobs in Minnesota by 2026 will not require an Associate's or Bachelor's degree

	College	Trade School
<b>Length of Study</b>	The average college degree takes a minimum of 2-5 years to obtain	Usually less than 2 years, varies based on program and school * Training for Summit Academy is 20 weeks
<b>Average Cost</b>	The average college degree costs \$27,300 (per year) <small>(Source: Minnesota Business &amp; Economic Development)</small>	The average trade school degree costs \$33,000 (total) * Summit Academy's programs require NO payments and NO loans
<b>What You'll Earn</b>	Colleges and universities generally offer an Associate's or Bachelor's Degree	Certificate or diploma, or an apprenticeship * Summit Academy offers an accredited certificate with year-around career services consulting
<b>Ideal for Someone Who</b>	Would like to test out a few fields	Is sure of desired career field

Some of the fastest growing jobs in Minnesota by 2026 will not require an Associate's or Bachelor's degree:

- Electrician** Projected to grow by 8.4% by 2026
- Medical Administrative Assistant** Projected to grow by 15.1% by 2026
- Carpenter** Projected to grow by 5.6% by 2026
- Community Health Worker** Projected to grow by 15.5% by 2026
- Computer User Support Specialist** Projected to grow by 15.5% by 2026

Source: Minnesota Business & Economic Development, May-June, October 2016-2018

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# Grants & Scholarships are Available for Your Student



offered by colleges and universities, Federal and state governments, and independent sponsors. It is also a good idea to sound out your child's favorite teachers for advice on financial aid programs that they may be able to recommend.

After accessing all the information available from your child's high school teachers and counselors, it is time to do some research of your own. In this regard, the internet can be your friend and can be used to locate a wide range of general and subject-specific grants and scholarships for students at every stage of the post-secondary education.

Listed below are local groups that give out scholarships and grants in our area. Every year, Thousands and Thousands of dollars are left on the table because families simply do not know that they can apply, or they wait until 11th grade and it is often too late. A student does not have to go to a 4-year college to receive these funds. Also, many

organizations have funds for trade school that these monies can be applied to. Keep in mind this is only a partial list and these are often overlooked.

- 4-H
- American Legion
- American Library Association
- American Medical Women's Association
- American Quarter Horse Association
- American Red Cross
- American Society of Civil Engineers
- Boy Scouts
- Boys & Girls Club of America
- Civil Air Patrol
- Daughters of the American Revolution (DAR)
- Distributive Education Clubs of America (DECA)
- Elks National Foundation
- Family, Career and Community Leaders of America (FCCLA)
- FFA-Future Farmers of America
- Future Business Leaders of America Clubs
- Girl Scouts of the USA
- Institute of Electrical/ Electronic Engineers (IEEE)
- International Students Organization
- Junior Achievement

- Key Club
- Knights of Columbus
- NAACP - National Association for the Advancement of Colored People
- NABA - National Association of Black Accountants
- National Beta Club Member
- National Black MBA Association Member
- People to People International
- Rotary Foundation
- SkillsUSA
- Society of Women Engineers
- Technology Student Association
- YWCA - Young Women's Christian Association



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Sep-13	@ Greenway	7:00 PM
Sep-20	vs Lee Williams	7:00 PM
Sep-27	vs Coconino	7:00 PM
Oct-4	@ Flagstaff	7:30 PM
Oct-11	@ PHS	7:00 PM
Oct-18	vs Mingus	7:00 PM
Oct-25	@ Mohave	7:00 PM

## **JV FOOTBALL**

Sep-5	vs Youngker	6:00 PM
Sep-26	@ Coconino	3:30 PM
Oct-3	vs Flagstaff	6:00 PM
Oct-10	vs PHS	6:00 PM
Oct-17	@ Mingus	6:00 PM
Oct-24	vs Mohave	6:00 PM

## **FRESHMAN FOOTBALL**

Sep-4	@Youngker	6:30
Sep-11	@ Greenway	6:00
Sep-25	vs Coconino	6:00
Oct-2	@ Flagstaff	3:30
Oct-9	@ PHS	6:00

## **BOYS GOLF**

Sept-3	HOME	2:00 PM
Sept-10	@ Page	2:00 PM
Sept-17	@ Prescott	2:00 PM
Sept-24	@ Mingus Union	3:00 PM
Sept-25	@Prescott	3:00 PM
Oct-1	@ Mohave ALC	2:00 PM
Oct-8	HOME	2:00 PM
Oct-15	@ Kingman	3:00 PM

## **GIRLS GOLF**

Sept-10	@Canyon View High	3:00 PM
Sept-25	Home	3:00 PM
Sept-30	@Mingus Union	3:00 PM
Oct-1	@ Prescott Golf & Country	2:00 PM
Oct-3	@ Prescott Golf & Country	3:00 PM

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With this Coupon. Cannot be combined with any other offer. Offer expires 9/15/19

**Color Touch Up : \$25**  
(First Time Clients)

With this Coupon. Cannot be combined with any other offer. Offer expires 9/15/19



**Bradshaw Mountain  
High School**



**SWIMMING**

Sept-5	@ Buckeye	4:00pm
Sept-12	@ Prescott	4:00pm
Sept-14	@ NAU	1:00 PM
Sept-19	Odyssey Institute-HOME	4:00pm
Sept-26	HOME	4:00pm
Oct-3	@Kingman	4:00pm
Oct.5	@ ASU	4:00pm
Oct-10	@Mingus Union	4:00pm
Oct-24	HOME	4:00pm
Oct-26	@ Skyline	8:00 AM
Nov-2	@ Buckeye	TBA



**VOLLEYBALL**

Sept-3	@Tempe	4:00-5:00-6:00
Sept-5	vs St. Mary's	4:00-5:00-6:00
Sept-10	@ Estrella Foothills	4:00-5:00-6:00
Sept-12	vs Prescott	4:00-5:00-6:00
Sept-14	C. Billings Tourney(Gr. Way)	8:00am (V only)
Sept-17	@ Mingus Union	4:00-5:00-6:00
Sept-19	vs Saguaro High	4:00-5:00-6:00
Sept-24	@ Flagstaff	4:00-5:00-6:00
Sept-26	@ Lee Williams	4:00-5:00-6:00



**VOLLEYBALL**

Oct-1	vs Coconino	4:00-5:00-6:00
Oct-3	@ Mohave High	4:00-5:00-6:00
Oct-4	Chandler Prep Invite	8:00am (V only)
Oct-8	@ Prescott	4:00-5:00-6:00
Oct-9	vs Youngkers	4:00-5:00-6:00
Oct-15	vs Mingus	4:00-5:00-6:00
Oct-17	@ Coconino	4:00-5:00-6:00
Oct-22	@ Lee Williams	4:00-5:00-6:00
Oct-24	vs Lee Williams	4:00-5:00-6:00
Oct-29	vs Mohave	4:00-5:00-6:00



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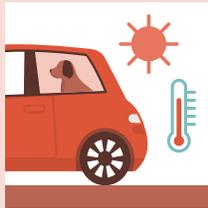
# PETS

## SAFETY TIPS

SEASONAL PET CARE



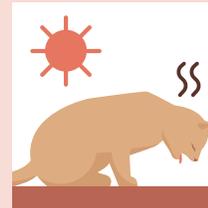
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